

## Massage & Body

Muscle melting massage...Sounds irresistible? they are! A relaxation therapy that can ease tension & stress, concentrating on balancing the mind, reviving the body & nurturing the soul, helping to promote physical & psychological well-being

### AROMATHERAPY or SWEDISH\*

Relax & Restore Back Massage* 30min	£30.00
Relax & Restore Back Massage with Face & Scalp* 45min	£40.00
Holistic Full Body Massage 60min – 90min	£50.00 - £70.00
Candle Back Massage 30min	£35.00
Candle Full Body Massage 60min	£55.00
Indian Head Massage Seated 30min	£35.00
Head in the Clouds 30min	£30.00
Revival Foot & Leg Massage	£30.00
Purifying Back Facial 30min	£30.00
Purifying Back Facial with Back Massage 60min	£55.00
Ruff Stuff or Kaeso Back Scrub 15min	£15.00
Ruff Stuff or Kaeso Back Scrub with 30min massage 45min	£45.00
Ruff Stuff or Kaeso Body Scrub 30min	£30.00
Ruff Stuff or Kaeso Body Scrub with Full Body Massage 90min	£80.00

## Pregnancy

CONGRATULATIONS MUMMY TO BE! Our pregnancy treatments are designed to support you, and your body during this physically and mentally challenging period.

Baby On Board Back Massage 30min	£40.00
Mama Bliss Full Body Massage 60min	£60.00
Soothe Your Sole 30min	£30.00
Mummy Me Time 90min save £8	£80.00
30min Head in the Clouds	£30.00
30min Back massage	£40.00
30min Hot Oil Manicure	£18.00
Mummy Make Over 135min save £10	£85.00
15min Brow Wax	£12.00
30min Brow & Lash Tint	£26.00
30min Express Dry Pedi	£26.00
60min Shellac Nails	£25.00

## Facials

Dull, flaky, tired looking skin? These treatments are sublime & luxurious & will leave your face & body feeling deeply cleansed, rejuvenated, tightened & brightened

Pick Me Up Facial 30min	£26.00
Luxury Facial 60min	£40.00
Collagen Anti-Ageing Facial 60min	£46.00
Pure Paraffin Facial 60min	£50.00
Carboxtherapy Facial	£55.00
Cinderella Facial	£55.00
Clinicare Facial – The Glow – The Pure – The Refresh	£48.00
Dermaplane Facial & Enzyme Peel Resurfacing	£45.00
Dermaplane Delux Facial - Includes Dermaplane, Enzyme Peel & Mask	£60.00
Hopi Ear Candles 20min with drainage massage 40mins	£20.00-£28.00

## Aesthetics Anti-Wrinkle

All aesthetic treatments are administered by an advanced nurse prescriber. A free non-obligatory consultation is required to understand the needs and medical history of the client to ensure the treatment will not be contra-indicated and ensure the suitability of the client. This is a legal requirement

### Anti-Wrinkle Injections

#### for Upper Face (Crows Feet, Frown Lines, Forehead Lines)

£110.00 | 1 Area - £190.00 | 2 Areas - £220.00 | 3 Areas

for Mouth (smoker's lines)	£60.00
for Hyperhidrosis (sweating)	£300.00
for The Chin (orange peel skin)	£60.00
for Bruxism (Jaw Clenching)	£150.00
for The Scalp (Blowtox)	£300.00
for the Neck (Nefertiti)	£200.00

### JUVÉDERM® Fillers

Areas for fillers include; Lips, Naso-Labial Folds, Marionette Lines, Jaw & Cheeks  
£170.00 | 0.5ml - £230.00 | 1ml - £100.00 | additional ml



## Beauty Treatments & Price List

Rowan House  
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Kent  
CT4 7EG

07773044414

[www.rowanretreat.co.uk](http://www.rowanretreat.co.uk)



[www.facebook.com/rowanretreatbeauty](http://www.facebook.com/rowanretreatbeauty)



[www.instagram.com/rowanretreatbeauty](http://www.instagram.com/rowanretreatbeauty)

## Manicure & Pedicure

Heavenly Hands & Fabulous Feet...Oh go on give them a treat! I only use what I consider to be the best products on the market CND & O.P.I assuring quality & safety as these products are 3-Free (no formaldehyde, toluene or DBP). All Mani & Pedi products are from the Kaeso range which are free from parabens, sulphates, propylene glycol & mineral oil. They are vegan friendly & they smell divine.

Nail Cutting	£10.00
File & O.P.I Polish Fingers / Toes	£20.00 - £20.00
Hot Oil Manicure/Pedicure - No polish 30min	£18.00 - £20.00
Express O.P.I Manicure/Pedicure No foot soak 30-45min	£24.00 - £28.00
Luxury O.P.I Manicure/Pedicure 60-90min	£34.00 - £38.00
Paraffin Wax O.P.I Manicure/ Pedicure 60-90min	£42.00 - £46.00
Callus Foot Peel Heels or Heels & Soles Stand Alone Treatment	£20.00 - £25.00
Callus Foot Express Pedi OPI	£40.00 - £44.00
Callus Foot Express Pedi SHELLAC	£50.00 - £54.00
Callus Foot luxury Pedi OPI	£46.00 - £50.00
Callus Foot Luxury Pedi SHELLAC	£56.00 - £60.00

## Shellac Nails

CND Shellac™, the Original Power Polish™ Once you shellac...You'll never look back! This revolutionary product applies like a polish, can wear flawlessly for up to 14 days of high gloss shine and is removed within minutes with no damage to the nails.

Shellac Plain Fingers or Toes 60min	£25.00
Shellac French Fingers or Toes 60min	£28.00
Shellac Express Manicure/Pedicure	£30.00 - £34.00
Shellac Luxury Manicure/Pedicure 75 - 90min	£40.00 - £44.00
Shellac Paraffin Wax Manicure/Pedicure	£48.00 - £52.00
Rockstar Glitter Shellac Fingers or Toes 60min	£30.00
Shellac Removal (free if having re-shellac)	£6.00
Shellac Removal with Mini Manicure	£12.00
Shellac Swarovski Crystal Nails	£45.00
Nail Art Per Nail From	£0.50
Protein Bond – Add to any nail treatment for additional Strength	£2.00

## Hair Removal

Hair Today Gone Tomorrow...Waxing is the most efficient form of semi-permanent hair removal. Hair needs to be approx. 1cm in length (3-4 weeks growth) to be effective

WAXING	WARM	HOT
<b>Eyebrows</b>	£12.00	£12.00
<b>Nostrils</b>	n/a	£10.00
<b>Ears (inner &amp; lobes)</b>	n/a	£10.00
<b>Lip</b>	£8.00	£8.00
<b>Chin</b>	£8.00	£8.00
<b>Lip &amp; Chin</b>	£14.00	£14.00
<b>Sides of Face</b>	£10.00	£10.00
<b>Neck</b>	£10.00	£10.00
<b>Full Face - Includes; brows - lip- chin - neck &amp; sides of face</b>	£35.00	£35.00
<b>Underarm</b>	£12.00	£12.00
<b>Forearm Includes; hands</b>	£16.00	n/a
<b>Full Arm Includes; hands</b>	£20.00	n/a
<b>Half Leg - ankle to top of knee includes toes</b>	£20.00	n/a
<b>3/4 Leg - ankle to mid-thigh includes toes</b>	£26.00	n/a
<b>Full Leg - ankle to groin includes toes</b>	£30.00	n/a
<b>Thighs – front and back</b>	£20.00	n/a
<b>Toes</b>	£4.00	£4.00
<b>Top of Foot &amp; Toes</b>	£6.00	£6.00
<b>Chest from</b>	£20.00	n/a
<b>Abdomen from</b>	£20.00	n/a
<b>Naval Line</b>	£10.00	n/a
<b>Full Back from</b>	£35.00	n/a

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## Intimate Waxing

Let's not beat about the bush! There's nothing more liberating than being hair free. I have trained with the best trainer in the UK! So be assured you will receive a first class wax every time!

WAXING	WARM	HOT
<b>Basic Instinct - No need to keep those legs crossed</b> Eradicates any hair attempting to peek out of the knicker line	£10.00	£10.00
<b>Martini Glass - Get him ordering a double</b> Hairs removed from the sides narrowing at the bottom. The top of the pubic hair is also perfected	£20.00	£20.00
<b>Brazilian Mohawk - A hair raising experience</b>	£35.00	£38.00
Astrip of hair is left on the pubic mound down over the labia & tapers in narrow as it reaches the butt. Butt crack is included		
<b>Hair Free Hollywood - Dare to bare</b> What's there to say...All hair is totally removed from the front & includes butt crack wax	n/a	£38.00
<b>Hair Free Hollywood &amp; Dubai - Dare to bare</b> All hair is totally removed from front & includes butt crack & buttock wax	n/a	£42.00
<b>Australian - Let's go down under</b> The butt crack wax...Oh yes, those short & curly's get everywhere! All hair will be waxed from in between the butt cheeks. Leaving you feeling feminine & totally liberated!	n/a	£16.00
<b>Dubai - Smooth those cheeks</b> All butt cheek hair is removed	£16.00	£16.00
<b>Australian &amp; Dubai</b> The butt crack wax...Oh yes, those short & curly's get everywhere! All hair will be waxed from in between the butt cheeks. Leaving you feeling feminine & totally liberated! A combo of hot and warm wax will be used.	£30.00	£30.00

## Lashes & Brows

Curl up & dye! Say goodbye to mascara, lash curlers and extensions. Tinting gives the illusion of thicker & longer lashes adding definition & colour, whilst perming curls the lashes. Lifting will elongate, enhance & exaggerate your lashes, straightening them from the root to give volume & lift.

<b>Lash Tinting</b>	£16.00
<b>Brow Tinting</b>	£14.00
<b>Lash Lift with complimentary tint</b>	£45.00

A PATCH TEST IS REQUIRED AT LEAST 24 HOURS BEFORE LASH & BROW TREATMENTS

# Gift Vouchers Available